



The GDM-Health app is free to download from the Apple App store (iPhone) and Google Play (Android phones).

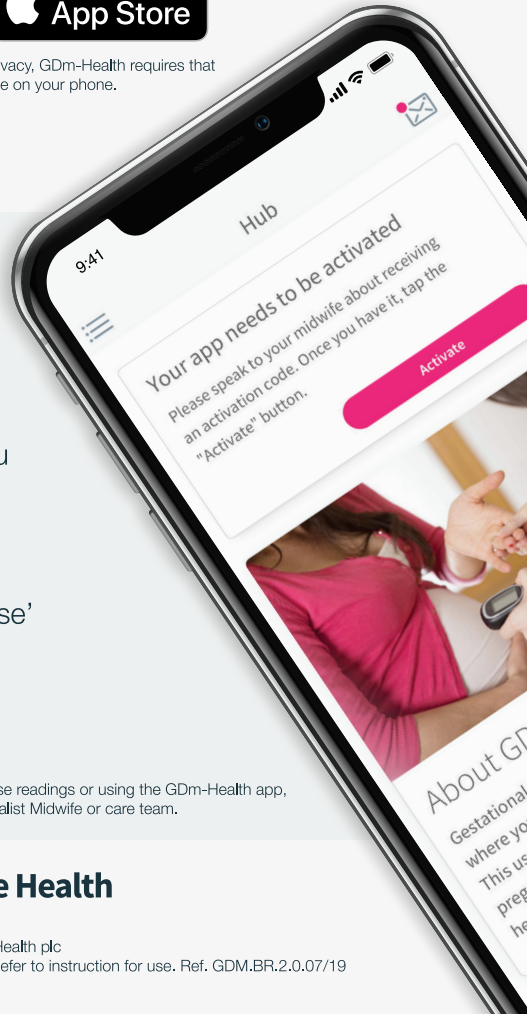
Downloading the app is easy, just follow the instructions below:

On your phone, go to www.sensynehealth.com/gdm

Tap on the Google Play or App Store icon and install



Note: Please note, for reasons of data privacy, GDM-Health requires that you set a security passcode on your phone.



1 Open the app, tap 'Activate' and submit the 9-digit code your diabetes care team supplied to you

2 Read and agree to the 'Terms of use' by tapping on 'I agree'

If you have any questions about taking blood glucose readings or using the GDM-Health app, please contact your Diabetes Specialist Midwife or care team.




Connect a WaveSense *JAZZ WIRELESS* blood glucose meter to the GDM-Health app



Pairing the AgaMatrix WaveSense *JAZZ WIRELESS* meter to your smart device is easy, just follow the instructions below:

1. Open the GDM-Health app and navigate to the 'Hub' screen, then tap "connect to a meter"
2. Tap the WaveSense *JAZZ WIRELESS* meter in the 'Choose meter' list
3. Press and hold the button on your WaveSense *JAZZ WIRELESS* meter until the Bluetooth symbol starts flashing, then tap the "Scan now" button
4. The meter and its serial number will appear in your list of meters, tap on it to begin pairing
5. When prompted, enter the 6-digit code displayed on your meter into the app; a confirmation should appear once the meter is successfully paired

To sync blood glucose readings from the meter to the app simply:

1. Open the GDM-Health app and navigate to the 'Hub' screen, then tap the large  symbol on the bottom right of the screen
2. Tap 'Take a BG reading'
3. Press and release the button on your meter and tap 'Scan' on the app to sync recent readings

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